

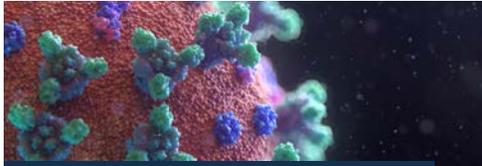


Riordan  
Clinic

# Health Hunters

April  
2020

Vol. 34  
No. 3



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Get COVID-19 Updates  
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Riordan Clinic

[riordanclinic.org/COVID19](http://riordanclinic.org/COVID19)

## Riordan Clinic and COVID-19

### A Letter From Our Chief Medical Officer

The COVID-19 pandemic represents one of the greatest global health challenges to face mankind in modern times.



**AUTHOR**

*Ron Hunninghake, MD*

This week, the fear of rapid spread among the population of the United States has resulted in unprecedented, large scale cancellations and institutional closings around the nation.

Public health officials everywhere are pleading with Americans to “stay home” and to avoid large group settings where infectious exposures and transmission are more likely.

In an effort to comply with these evolving guidelines, the Riordan Clinic recommends that our patients who are experiencing fever, cough, shortness of breath, or even sore throat to stay at home, implementing the now well-recognized strategy of voluntary quarantine.

While we do use high dose intravenous vitamin C (IVC) for acutely ill patients with manageable symptoms, the current public health guidelines suggest that any person with a fever or any upper respiratory symptoms should treat their illness as potentially COVID-19, preferably obtaining appropriate diagnosis via your local health department or hospital ER. The three Riordan Clinic sites are not equipped with protective masks or hazmat suits and our staff are not trained to deal with infections of this potential virulence. We will remain open to our chronically ill patients (with no fever) who can benefit from the preventive power of IVC. Our priority is to protect these patients from an otherwise potentially devastating exposure to COVID-19.

Finally, we recommend that our regularly scheduled patients KEEP THEIR APPOINTMENTS... but try to convert them to either phone, Zoom (video call), or some other virtual mode. Once again, this reduces everyone’s risk of exposure. (Please call our office to arrange this.)

Hopefully, with the coming of spring and warmer weather, AND with meticulous compliance to the public health guidelines listed in this letter, we will witness the end of the pandemic and a return to business as usual.

Thank you for your patience and understanding... and for your compliance.



## Contact the Editor

Please send any comments or suggestions to [newseditor@riordanclinic.org](mailto:newseditor@riordanclinic.org). Thank you for reading.



Erin Manning, MBA  
Editor



## Clinic Hours and Availability

As an essential business, we will remain open during the COVID-19 mandated stay-at-home orders. In order to best serve you and limit the risk of exposure for both our staff and community, we are limiting all of our clinics to be accessible by appointment only. Remote appointments via phone or video calls are available.

To schedule an appointment (including phone appointments), schedule an IV or therapy, or schedule a lab draw please call:

**Wichita:** 316-682-3100 x367

**Hays:** 785-628-3215

**Overland Park:** 913-745-4757

## Connect with Us



facebook.com/riordanclinic



instagram.com/riordanclinic



youtube.com/user/healthhunter1



riordanclinic.org



## Health Hunters Newsletter

Join our mailing list to receive this monthly newsletter FREE.

To sign up, go to [riordanclinic.org](http://riordanclinic.org) or email us at [information@riordanclinic.org](mailto:information@riordanclinic.org)

## The Riordan Clinic Store is CLOSED to in-store pickup and shopping.

Order online at [store.riordanclinic.org](http://store.riordanclinic.org) or call 800.447.7276. All shipping fees (within the U.S.) are waived.



## Test Your Nutrient Reserves with the Immunity Lab Profile

Do you know if your immune system reserve is adequate to meet the current viral crisis? When in doubt - check it out.

TESTS INCLUDED:	Vitamin A Vitamin C Vitamin D	Vitamin E, Magnesium Copper	Zinc Manganese Selenium
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**Discounted Price: \$278**

**Call 316-684-7784 to schedule with our lab**

# Supercharge Your Immunity with IVC NOW!

- Your white blood cells are the soldiers of your immune system.
- Research shows that white blood cells can concentrate vitamin C up to 8000% greater than the blood level.
- When under attack by an infection, your white blood cells use this high concentration of vitamin C to make hydrogen peroxide to use against pathogens.
- Virus-infected cells are identified and attacked by your white blood cells and a killing dose of hydrogen peroxide is injected into the infected cell.
- Without the “ammunition” of high reserves of vitamin C, your white blood cells will be less effective.
- For the last 45 years, the Riordan Clinic has administered vitamin C intravenously as a safe and effective way to maximize immune responsiveness.



## Details

1. No walk-in appointments will be accepted.
2. You will be given a short medical history form to fill out before your first visit to make sure there are no contraindications to you receiving an IVC push. This form will be emailed to you after you call and make your appointment. Please print this at home and bring the filled-out forms with you.
3. Our doctor/provider will then review your history form, check your vital signs, and assess your overall medical status.
4. If approved, our trained nurses will start a “butterfly IV”

and then administer a pH-balanced, isotonic “push” of 7.5 grams (7,500 mg) of pure sodium ascorbate over about 5-10 minutes.

### **THE COST OF IVC NOW WILL BE \$95 FOR EACH 7.5 G IVC PUSH.**

There is an additional fee for the short evaluation with one of our providers due at your first visit/IV. The cost of this appointment will range from \$56 to \$75 depending on the provider. Please ask our staff for details when scheduling.

**We suggest that you eat something prior to the infusion since a high dose of vitamin C can cause a mild blood sugar drop in rare individuals.**

This 7.5 gram IVC PUSH can be repeated weekly to maintain high intracellular reserves of vitamin C. (This is in addition to any oral supplements or lifestyle adjustments you have made to amplify your immune responsiveness.)

Riordan Clinic has safely administered over 250,000 vitamin C infusions during its tenure as the renowned “Vitamin C Capital of the World.” Our IVC publications (now over 30) are recognized around the globe.

The current world pandemic is a huge challenge to humankind. We want to help in the best way that we know, in a cost-effective manner.



## CALL TO SCHEDULE:

**Wichita:**  
316-682-3100

**Overland Park:**  
913-745-4757

**Hays:**  
785-628-3215

**Because the Riordan Clinic regularly has patients on-site with severely compromised immune systems, PLEASE DO NOT VISIT IF:**

- You have a fever over 100°
- Have tested positive for COVID-19
- Have known exposure to the COVID-19 virus
- Have a cough and/or respiratory problems
- Have recently traveled out of the country, or to an area or state with an increased risk (including but not limited to NY, WA, FL, CA, IL, NJ, and CO)



# Immunity Support & Function: Supplement Protocol

Just like so many other areas of our health, our immune system has its own unique set of needs and requirements to function properly and provide optimal support and prevention throughout the year. Although it is nearly impossible to guarantee that we won't be susceptible to a specific germ, virus, or illness, we can take preventative measures to do the best we can to be prepared. When it comes to germs and viruses, there are several things that we need to consider in addition to just taking supplements or medications.

Washing hands, sanitizing surfaces in our homes and workplaces, being mindful of passing and receiving germs with others, getting adequate rest, drinking plenty of water, exercising regularly, eating a nutrient-rich whole foods diet, reducing stress and other daily choices can be powerful tools in living a life focused on REAL HEALTH. These practices also help our body to remain strong, well-fueled, and more capable of fighting off unwanted sicknesses.

In addition to the practical applications listed above, we have found through more than 45 years of research and lab testing that keeping your nutrient levels within optimal ranges is the most effective way to prevent illness and maintain health. We also know that there are certain vitamins and nutrients that support the various systems, such as our immune system.

Dr. Lucas has put together a protocol of five supplements, based on recommendations from the International Society for Orthomolecular Medicine, to take daily in order to help with immunity support and function. **The following is a general guideline for those who are not currently sick or those who do not have a compromised immune system.** If you have any questions, please consult with your doctor before making any changes to your supplements.

## Vitamin C



OR



OR



1 packet (1,000 mg) of Lypo-Spheric Vitamin C, 2x/day

2 capsules (1,000mg each) of Vitamin C-1000, 2x/day

2 scoops (2,000 mg per scoop) of Sufficient C, 2x/day

2 drops (1,000 IU per drop) of Vitamin D3/K2 Liquid, 2x/day

## Vitamin A



OR



1 capsule (10,000 IU) of Vitamin A, 1x/day

10 drops (1,000 IU per drop) of Micellized Vitamin A daily  
*Cannot be sold online.  
Please call to order.*

## Selenium



1 capsule (200 mcg) of Selenium, 1x/day

## Zinc



1 capsule (30 mg) of Zinc Picolinate, 2x/day

Get these supplements and more from [store.riordanclinic.org](https://store.riordanclinic.org)

The Immunity Support and Function protocol\* listed above was created by Lucas Tims, ND, FABNO as a general guideline for the support and functionality of the Immune System for those who are not currently sick or those who do not have a compromised immune system. These follow the recommendations put out by the International Society for Orthomolecular Medicine. If you have questions, please consult with your doctor before making any changes to your supplements.

\*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.