We look for the root causes of illness, rather than focus on symptoms. We understand that each person’s path to Real Health will be different. Comprehensive lab testing, expert doctors and staff, and a foundation of treatment services allow our medical team the opportunity to look at your body as a whole.

Whether you are at the beginning of your path to wellness or you have been challenged for many years, we can help. Take charge of your health by becoming a patient at the Riordan Clinic today.

**New Patient Programs**

**NOT ALL HEALTH JOURNEYS ARE THE SAME**

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**Essential | $2,950**
Find your unique bio-chemical make up and use the information to uncover the root cause of your symptoms.

**1 DAY INITIAL VISIT INCLUDES:**
- Real Health Discovery profile lab draw
- Initial office visit with your doctor
- One Nutritional IV with Vitamin C
- Follow up appointment & lab review
- “Food as Medicine” course & materials
- Educational resources
- Outline of treatment and supplement plan as well as diet and lifestyle changes until your next appointment

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**Advanced | $3,700**
Manage your chronic condition or illness with personalized one-on-one support.

**3 DAY INITIAL VISITS INCLUDES:**
- Real Health Discovery profile lab draw
- Initial office visit with your doctor
- Three Nutritional IVs with Vitamin C
- Exit consultation regarding nutrition & lifestyle
- Follow up appointment & lab review
- “Food as Medicine” course & materials
- Educational resources
- Outline of treatment and supplement plan as well as diet and lifestyle changes until your next appointment

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**Living Well | $1,995**
Are you looking for direction on implementing a more holistic lifestyle, maintaining wellness, and preventing disease? Call 1 800.447.7276 to see if you qualify for this program.

**1 DAY INITIAL VISIT INCLUDES:**
- Foundation profile lab draw
- Initial office visit with your doctor
- One Nutritional IV with Vitamin C
- Follow up appointment & lab review
- “Food as Medicine” course & materials
- Educational resources
- Outline of treatment and supplement plan as well as diet and lifestyle changes until your next appointment

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**Optimal Kids | $1,250**
Improve your child’s behavior, learning and mood through lifestyle and dietary modifications along with proper nutrient supplementation.

**PACKAGE INCLUDES:**
- Four appointments over a three month period that cover health history, lab evaluation, nutrition and lifestyle review and suggestion

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**Add a hormone panel for $389**

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Prices and contents effective 4/30/2018. Subject to change without notice.

Can not be combined with any other promotions, coupons or offers. Please call 1.800.447.7276 for details.

Learn more at riordanclinic.org/new-patient-packages
# Lab Profiles

**NEW PATIENT**

**Optimal Kids Profile:**
A functional nutrition assessment covering Antioxidants, B Vitamins, Digestive Support, and Minerals. *(Specimen provided by an easy first-morning urine collection)*

<table>
<thead>
<tr>
<th>Mineral Levels:</th>
<th>Zinc, Magnesium, Manganese, Molybdenum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anti-Oxidants:</td>
<td>Vitamin A, Vitamin C, Vitamin D, Vitamin E, Alpha-Lipoic Acid, CoQ10</td>
</tr>
<tr>
<td>B Vitamins:</td>
<td>B1, B2, B3, B6, B7, B9, B12</td>
</tr>
<tr>
<td>Organic Acids:</td>
<td>Will help to identify neurotransmitter imbalances, dysbiosis, Candida overgrowth, need for pancreatic enzymes and mitochondrial dysfunction.</td>
</tr>
<tr>
<td>Amino Acids</td>
<td>Review of essential/non-essential amino acids and metabolites to augment B vitamin need and the support of protein digestion and absorption.</td>
</tr>
</tbody>
</table>

## Vitamins & Nutrients
- Vitamin A
- Vitamin B1 (Thiamine)
- Vitamin B2 (Riboflavin)
- Vitamin B3 (Niacin)
- Vitamin B5 (Pantothenic Acid)
- Vitamin B6 (Pyridoxine)
- Vitamin B12 (Cobalamin)
- Folic Acid (Folate)
- Vitamin C – Plasma
- Vitamin C – Urine
- Vitamin D
- Vitamin E
- Beta Carotene
- Coenzyme Q10
- Glutathione
- Lutein
- Lycopene
- Calcium (Serum)
- Chromium (Serum)
- Copper (RBC)
- Magnesium (RBC)
- Manganese (RBC)
- Potassium
- Potassium/Sodium Ratio
- Phosphorus (Serum)
- Selenium (RBC)
- Strontium (Urine)
- Boron (Urine)
- Zinc (RBC)

## Elements
- Calcium (Serum)
- Chromium (Serum)
- Copper (RBC)
- Magnesium (RBC)
- Manganese (RBC)
- Potassium
- Potassium/Sodium Ratio
- Phosphorus (Serum)
- Selenium (RBC)
- Strontium (Urine)
- Boron (Urine)
- Zinc (RBC)

## Included in the Essential and Advanced Programs
- Real Health Discovery
- Foundation

## Real Health Discovery
- Essential Amino Acids
- Fractionated Amino Acids
- Taurine
- Fatty Acids
- Lipid Profile
- Lipoprotein (a)

## Foundation
- DHEA-S
- Estradiol
- Free T3
- Progesterone
- Testosterone
- TSH
- RT3
- FT4

## Blood Sugar & Inflammation
- Glucose
- Insulin
- HBA1c
- CRP-hs
- Homocysteine
- Histamine
- CBC
- Chem Profile
- UA + Micro
- UA+C+Micr
- Pyrroles
- Ferritin
- G6PD
- Glutamine
- Yeast, Oral
- Iron Profile (TIBC)

## Conventional Screening
- CBC
- Chem Profile
- UA + Micro
- UA+C+Micr
- Pyrroles
- Ferritin
- G6PD
- Glutamine
- Yeast, Oral
- Iron Profile (TIBC)

## Amino & Fatty Acids
- Taurine
- Fatty Acids
- Lipid Profile
- Lipoprotein (a)

## Hormones & Thyroid
- DHEA-S
- Estradiol
- Free T3
- Progesterone
- Testosterone
- TSH
- RT3
- FT4

## Optimal Kids Profile:
- A functional nutrition assessment covering Antioxidants, B Vitamins, Digestive Support, and Minerals.
- *(Specimen provided by an easy first-morning urine collection)*