



<b>NUTRIENT</b>	<i>Nutrient Deficiencies – the Core Root Cause</i>
A, E, Lycopene, Lutein, Beta Carotene	Core panel of antioxidants (basic to good health)
B1, B2, B3, B5, B6	B-Vitamin assessment of actual blood levels
B12 and Folate	Key B-Vitamins for energy and DNA repair
Mg, Cu, Zn, Mn, Se	Red Blood Cell (intracellular) mineral levels—enzyme function
Vitamin C	Plasma Vitamin C level– nature’s healing factor
Vitamin D	Important in bone health, immunity & blood sugar regulation
CoQ10	Enhances oxygen utilization in cells
Chromium	Reduces sugar cravings and promotes better blood sugar control
Essential Fatty Acids	Omega oils 3, 6, 9 – inflammation regulators
Amino Acids Profile	Core building blocks for enzymes and cells
UA + Urine C	Urinalysis with Vitamin C excretion test
Ferritin	Inflammation and Iron reserves

<b>BIO-FUNCTION</b>	<i>Brain, Heart, Blood, Thyroid, Gut Metabolism</i>
CBC	Red and White Blood Cell health
CMP	Liver, kidney, and electrolyte balance
Glutathione	Most important antioxidant in detox, brain health, and immunity
Homocysteine	Bio-marker for blood vessel health and memory function
Insulin	Regulates blood sugar and metabolism
Pyrroles	Anxiety and stress marker
Histamine	Allergy, inflammation, & methylation marker
CRP-hs	Highly sensitive inflammation marker
G6PD	Genetic marker for IVC safety
HbA1c	Marker of blood sugar levels over time
Lipid Profile	Assessment of cardiovascular risk factors
MTHFR/COMT Profile	Genetic markers for methylation pathways

<b>HORMONE</b>	<i>Life Care Anti-Aging and Thyroid Hormones</i>
Estradiol	Key hormone for women (also affects men)
Testosterone	Key Hormone for men (also affects women)
Progesterone (Women)	Predominantly female hormone (affects DHT)
DHEA-S	Most abundant adrenal hormone
FT3, FT4, TSH, RT3	Comprehensive thyroid hormone testing

# NEW PATIENT PACKAGES

Not all health journeys are the same.

Everyone's journey is unique. Because we look for the root causes of illness, rather than focus on symptoms, we understand that each person's path to Real Health will be different. Comprehensive lab testing, expert doctors and staff, and a foundation of treatment services allows our medical team the opportunity to look at your body as a whole

Whether you are at the beginning of your path to wellness or you have been challenged for many years, we can help. Take charge of your health by becoming a patient at the Riordan Clinic today.

## Essential

Find your unique bio-chemical make up and use the information to uncover the root cause of your symptoms.

### 1 DAY INTIAL APPOINTMENT INCLUDES:

- Real Health Discovery Profile Lab Draw\*
- Up to 80 minute office visit with doctor
- One Vitamin C IV
- Food as Medicine course materials
- Two additional appointments for lab review and follow up

**\$2,950**

## Advanced Package

Manage your chronic condition or illness with personalized one-on-one support.

### 3 DAY INTIAL APPOINTMENT INCLUDES

- Real Health Discovery Profile Lab Draw\*
- Initial office visit with doctor (up to 80 minutes)
- Three Vitamin C IV's
- Exit counseling and consultation regarding nutrition and lifestyle.
- "Food as Medicine" course materials
- Two additional appointments for lab review and follow up

**\$3,750**

## Optimal Kids

Improve your child's behavior, learning and mood through lifestyle and dietary modifications along with proper nutrient supplementation.

### PACKAGE INCLUDES:

- Nutrient lab testing through urine collection
- Five sessions over a three month period with a doctor
- Food as Medicine Class
- Consultation regarding nutrition and lifestyle. Includes exit counseling



**SCHOLARSHIPS AVAILABLE**

**\$1,680**

## Living Well

Are you looking for direction on implementing a more holistic lifestyle, maintaining wellness, and preventing disease? CALL 1 800.447.7276 TO SEE IF YOU QUALIFY FOR THIS PROGRAM.

### PACKAGE INCLUDES:

- Analysis of nutrient levels including the Foundation, Methylation and LifeCare Hormones lab panels\*
- 80 minutes with a Riordan Clinic doctor
- First follow-up appointment
- IV Vitamin C
- Educational classes and resources

\* Does not include the full Real Health Discovery lab profile. To see the full list of lab, visit our website.

**\$2,250**

\* See the back side of this flyer

Learn more at [riordanclinic.org/new-patient-packages](http://riordanclinic.org/new-patient-packages)

Prices and packages effective 2/1/17. Subject to change.